



SCHOOL NEWS

Holy Rosary School Family Communication Newsletter

November 12, 2009

Do you not know that your body is a temple of the holy Spirit within you, whom you have from God, and that you are not your own? For you have been purchased at a price. Therefore glorify God in your body. (I Corinthians 6: 19-20)

THE HEALTHY SCHOOL I recently ran across a checklist that was adapted for schools from a book called *The Healthy Company*. As the official start of our accreditation cycle nears, I am conscious of the fact that we will be spending hundreds of hours as a community, scrutinizing our academic programs. In advance of this, it might also be useful to consider the extent to which we exemplify many of the following attributes of a healthy school community:

1. **Commitment to Self Knowledge and Development**—refers to personal growth and understanding. People in the environment are committed to lifelong learning; leadership encourages personal (including spiritual, physical, socio-emotional, and intellectual) and professional development among community members.
2. **Firm Belief in Decency**—treating others as you would like to be treated. Communication is open and honest, and rewards and consequences are commensurate with the situation. Staff, students, and community members treat each other with dignity and respect.
3. **Respect for Individual Differences**—safe emotional environment in which people value the richness of thought, diversity of talent, and imaginative ideas that dissimilar people bring to the community. Everyone is treated as a first class citizen.
4. **Spirit of Partnership**—strong sense of community, commitment, a shared vision, and a dedication to quality. There is an emphasis on synergism (everyone working together is greater than one), and there is a clear understanding of the mission and goals of the school. These occupy a highly visible place in the school for all who enter to see.
5. **High Priority for Health and Well-being**—a healthy citizenry is one of the community's most important assets; close attention is given to all elements that impact the health of individuals. Health promotion and a full range of activities are available for students/staff. There is an understanding of the importance of modeling healthy behaviors.
6. **Appreciation for Flexibility and Resilience**—the ability to adapt to change and the support given to individuals making changes. Individuals are involved in the process so there is ownership and empowerment. Formal and informal support systems exist among staff, students, and families; there is a feeling of togetherness and comfort in the face of events that might otherwise create significant concern or apprehension.
7. **Passion for Products and Process**—people have a clear plan of action resulting in high quality products. Everyone is actively involved in the success of the organization and does what is necessary to help colleagues. There is a culture of accountability throughout the community and new ventures and collaborative efforts are clearly defined, communicated, and shared with all members of the community.

FREE DRESS TOMORROW! In honor of national Mix It Up at Lunch Day, students may wear free dress as their visual pledge to Mix It Up! Our goal is to embrace respect and inclusiveness and help students to become more comfortable interacting with different kinds of people. During the lunch periods, students will be randomly assigned to a small lunch group and engage in some guided, team building conversation starters!

STAKEHOLDERS MEETING A final reminder about the upcoming Stakeholders' Meeting to be held in the School Hall this coming Monday, the 16th from 6:45-8:45 pm. If you plan to come, please RSVP to the following email so that we can plan for adequate seating. Thank you!
selfstudy@holyrosaryws.org

GREEN TIP As we approach our annual celebration of thanks and food, let us give thought to those who grow, raise and harvest that food. We are so lucky here to live amid farms and ranches that provide us with healthy, fresh, local food. Let's be neighborly in our shopping this season and support our local farmers by patronizing our farmers' markets and choosing local at the grocery store. Not only will we get fresher food, we will be supporting our neighbors and their employees, many of whom struggle to feed their own families. Supporting local businesses also returns multiples of that investment to the local economy, which benefits all of us. In addition, buying local means reducing carbon emissions as the food does not travel as far to reach consumers. For more information or to take the Eat Local challenge, see www.eatlocalforthanksgiving.org.

BAND NEWS The recording of home practice has officially started! Notice thought...we are going GREEN! The practice chart is handed out and collected each week for student's to indicate their efforts. Therefore, home practice is required. The practice chart process is designed to accommodate the busy schedules that we all face. Practicing, a little, frequently, gets the job done! Ask you child about three symbols to indicate the total days they have practiced! Also, inquire as to how much time a "day" equals! HOW TO HELP: Please make sure your student has their instrument with them in the morning and again that afternoon on band days. Provide a supportive atmosphere in which to encourage AND expect practicing! Help you child develop a routine of time/days and place in which to practice. Thanks you for your support. Miss McKamey

SALLY FOSTER GIFT WRAP Given that our Sally Foster gift-wrap fund-raising sales was right after magazine drive, we had a rough start. However, we were so fortunate to have the help from the room parents and teachers who encouraged their classes to support the school and that really boosted our sales. Now we can proudly announce that the total for the Sally Foster gift-wrap sales of this year (including online sales) is \$8,059.55, which exceeded last year's sales by \$926.55. 50% of the purchase goes to our school. We also need to particularly mention several parents and a Holy Rosary friend who gave us a donation: Thank you to Mike Hooks & Maggie Lucas, Peggy Laister, Tim & Kristen Hinthorn, David & Meg Peterson, Paul Zarkowski & Sherri Chun, and Timonthy & Kristoffer Whitters. We are so grateful to have such nice friends and families in our Holy Rosary community. Originally delivery was scheduled for next Tuesday, Nov 17 but we just heard that there might be a slight delay by a couple of days but we should be able to receive our orders before Thanksgiving. If you have any questions in regards to your orders and prizes, please contact Irene Merz at 206-933-0742 irenemerz@msn.com or Yoshimi Lorbiecki at 206-937-7528. Without you, we wouldn't have been so successful in this year's sales. We greatly appreciate your continued support.

SAFE ENVIRONMENT TRAINING If you have received confirmation of SEP or Armatus training via email, you may forward email to: Peggy Cunningham at pcunningham@holyroaryws.org or Melissa Tuthill at mtuthill@holyroaryseattle.org

SAVE THE DAY. Holy Rosary is sponsoring the December 13th Community Dinner. The dinner is from 1-3PM and we need volunteers to set-up, serve, and clean-up afterwards. In addition, we need desserts to serve at the dinner. (Cookies, cakes, pies etc). Please drop desserts off at OLG on Sunday between 9AM and 12:30PM. If you can volunteer please e-mail Renee Harn at rharnfamily@comcast.net or Patrick Barredo at pbarredo@holyroaryseattle.org

BISHOP BLANCHET HIGH SCHOOL open house is Thursday, Nov. 19 from 5:30-8pm. It will be free flowing format. All interested families are invited to attend and tour the school. This is a great opportunity to interact with teachers and students, learn more about the curriculum and co-curricular programs, and see all the great NEW facilities. Bishop Blanchet is located at 8200 Wallingford Ave. N. For more information call (206) 527-7711 or visit www.bishopblanchet.org.

S.U. SCHOOL OF THEOLOGY AND MINISTRY and St. James Cathedral are co-sponsoring an event on Health Care Reform. The intent is to educate participants about the moral issues and implications to this important social justice issue so that they can engage the political process in a thoughtful and faith-based way. It should be a great evening. Please refer to the attached flyer, "THE MORALITY OF HEALTH CARE REFORM, The Debate's Missing Link " for more information.

ARCHBISHOP MURPHY HIGH SCHOOL is hosting its tenth annual Booster Club Spaghetti Dinner, Sunday November 15 from 4:00 to 7:00pm in Grace Hall on campus. All proceeds benefit the AMHS Athletic Booster Club. Tickets are \$10 for adults and \$5 for children under 10. Please visit our website for more details: www.am-hs.org.

BISHOP BLANCHET performing Arts Department announces upcoming performances of "The Nerd", a laugh out loud play by Larry Sue. Performances are scheduled for Nov. 13 and 14 at 7pm and Nov. 15 at 2pm. Tickets are available in the activities office at BBHS starting Nov. 2nd. For more information call (206) 527-7746.

UPCOMING EVENTS AND IMPORTANT DATES:

- ✚ Prayer Service by 2A, Friday, November 13, 8:35am – School Hall
- ✚ Mix it Up Day, Free Dress, November 13
- ✚ Reconciliation Service for Gr. 3-5, Monday, November 16, 10am – HR Church
- ✚ Stakeholders Meeting, Monday, November 16, 6pm – School Hall
- ✚ 4A Field Trip to Pike Place Market, Tuesday, November 17
- ✚ Reconciliation Service for Gr. 6-8, Tuesday, November 17, 10am –HR Church
- ✚ Endowment Committee Meeting, Tuesday, November 17, 5:30pm – Staff Room
- ✚ Grants Committee Meeting, Wednesday, November 18, 6pm – Staff Room
- ✚ 4B Field Trip to Pike Place Market, Thursday, November 19
- ✚ Prayer Service by 6A, Friday, November 20, 8:35am – School Hall
- ✚ Thanksgiving School Prayer Service, Wednesday, November 25, 11am – HR Church

-  **NOON DISMISSAL, Wednesday, November 25 THANKSGIVING HOLIDAY BEGINS**
-  **THANKSGIVING HOLIDAY, Thursday, November 26-Friday, November 27, NO SCHOOL**
-  **Christmas Tree Lot Opens, Saturday, November 28, 12 noon – Admiral Safeway**